

# No Smoking and Vaping Policy

Salisbury NHS Foundation Trust has a duty of care to protect the health of, and promote healthy behaviour in all people who come into contact with its services and use its premises. Stopping smoking at any time has considerable health benefits for those who smoke and those around them. From January 1<sup>st</sup> 2019, the Trust will be smoke-free across all of our owned land, buildings and services. This is to come into line with all NHS providers across England to comply with the requirements of PH 48, NICE Guidelines NG92, NHS England, and the requirements of our CCG. The Trust does already comply with the 2006 legislation that restricts smoking within buildings and in certain confined spaces.

The purpose of this policy is to make the whole of the Salisbury NHS Foundation Trust site a no smoking area. It is a known fact that smoking damages health and the Trust will actively support staff, patients and all those who use our services to stop smoking or temporarily abstain from smoking whilst on site.

The Trust will encourage everyone who smokes to stop smoking completely and provide access to licensed nicotine containing products if appropriate. The Trust will also encourage people already using an unlicensed nicotine product (for example unlicensed electronic cigarettes to switch to a licensed product). However, the message from Public Health England that e-cigarettes/vaping is a far less hazardous activity than smoking will be supported and certain areas in the grounds will be clearly designated for that purpose. However, e cigarettes/vaping will not be allowed inside any Trust building. The key messages that underpin this policy are:

- People who do not smoke should not be submitted to any smoke, tobacco or otherwise.
- Anyone who wants to give up smoking will be

Electronic cigarettes or e-cigarettes are one of many aids to help people stop smoking. Their use by staff patients and visitors is a complex issue that can sometimes set an example to people who want to smoke in a non-designated area; they can set off fire alarms or can in some cases be a fire hazard. Other licensed therapeutic nicotine options can be used inside buildings/on site for use in a quit attempt or temporary abstinence.

It is still the same stance as the previous policy in those electronic cigarettes or vaping systems cannot be used by anyone inside any Trust building.

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